

LAUNCH INTO LIFE

Develop a Vision

- What do you enjoy
- Understanding your own goals and how those goals could be met



Money and Finance

- Understanding money and the process of managing your money and expenses
- How to prepare and plan and have patience for larger expenses like a car,



Decision Making- Creating your Life Map

- How do I decide
- Define a map or path that you can follow to do things you want to do



Real World Social Skills

- How to engage in new relationships
- Developing and maintaining relationships
- Conversation skills



Secondary Education- What might it look like

- College
- Specialized Skill Training
- What can I Expect



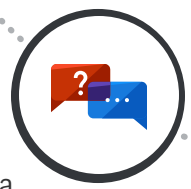
A Day in the life- Supports

- What supports do you utilize and rely on to accomplish what needs to get done
- Who can assist you when you need help
- What great ways are you independent



Employment- Resume writing, applications and interview skills

- How do I write a resume
- What do they want me to say on a job application
- How can I prepare for an interview
- What can I expect



Summary and Skills Practice

- Reflecting on where you were on week 1 and how do you feel now
- Utilize metrics of self-assessment
- Combine new social skills in an end of session party- organized by the group



Too often, young adults affected by autism spectrum disorder leave high school without a strong direction or focus toward launching into the life they want and that they will encounter. Through a series of eight classes and one on one attention, we look to improve their lives in practical aspects and assist them as they launch into adult life.